



## Free Competition

27th June 2024

**Class 1: Pre Gold (Skate UK 5-8)**, 10 years and under. Programme length 1 Minute (+/- 5 seconds). To be included in the programme a bunny hop drag, 2 footed spin, forward spiral and a simple step sequence.

**Class 2: Pre Gold (Skate UK 5-8)**, 11 years and over. Programme length 1 Minute (+/- 5 seconds). To be included in the programme, a bunny hop drag, 2 footed spin, forward spiral and a simple step sequence.

**Class 3: Pre Beginner (Skate UK passport Bronze - Gold)**, 11 years and under. To be included in the programme, 3 Jump elements, basic position spin and a Choreographic Sequence. Programme length 1½ Minutes (+/- 5 seconds).

**Class 4: Pre Beginner (Skate UK passport Bronze - Gold)**, 12 years and over. To be included in the programme, 3 Jump elements, basic position spin and a Choreographic Sequence. Programme length 1½ Minutes (+/- 5 seconds).

**Class 5: Beginner**, Must NOT hold BIS level 1 Skills. Programme length 1½ Minutes (+/- 5 seconds).

**Class 6: National 1**, Any Age. Must hold BIS level 1 Skills or equivalent. Programme length 1½ Minutes (+/- 5 seconds).

**Class 7: National 2**, Any Age. A minimum of BIS level 1 skills and National 1 elements and programme components. Programme length 2 Minutes (+/- 5 seconds).

**Class 8: National 3**, Any Age. A minimum of BIS level 3 skills and National 2 elements and programme components. Programme length 2 Minutes (+/- 5 seconds).

From Class 5 and above are as per BIS technical requirements for National Single Open Competitions from 1st July 2023.

This competition is open to full members and holiday members. The closing date for the competition will be 20th June 2024.

